

PE Curriculum Overview



Reception:

YEAR A & B	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Area of PE	Locomotion (Walking and Jumping)	Ball Skills (Feet)	Gymnastics (High, low, over, under)	Ball Skills (Hands 1)	Dance (Nursery Rhymes)	Games for Understanding

Key Stage 1:

YEAR A (Year 1)	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Area of PE	Locomotion: Running	Health and Wellbeing	Locomotion: Jumping	Dance: Growing	Gymnastics: Wide, Narrow, Curled	Ball Skills Feet	Gymnastics: Body Parts	Ball Skills Hands 1	Dance: The Zoo	Games For Understanding	Health and Wellbeing	Ball Skills Hands 2

YEAR B (Year 2)	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Area of PE	Locomotion: Jumping	Health and Wellbeing	Locomotion: Dodging	Dance: Water	Gymnastics: Linking	Ball Skills Feet	Gymnastics: Pathways	Ball Skills Hands 1	Dance: Explorers	Games For Understanding	Health and Wellbeing	Ball Skills Hands 2

PE Curriculum Overview



Year 3/4:

YEAR A (Year 3)	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Area of PE	Athletics	Health Related Exercise	Invasion: Football	Dance: Wild Animals	Gymnastics: Symmetry and Asymmetry	Invasion: Bee Netball	Dance: Weather	Invasion: Tag Rugby	Striking & Fielding: Rounders	OAA: Problem Solving	Striking & Fielding: Cricket	Invasion: Handball

YEAR B (Year 4)	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Area of PE	Athletics	Health Related Exercise	Invasion: Football	Dance: Cats	Gymnastics: Bridges	Invasion: Bee Netball	Dance: Space	Invasion: Tag Rugby	Striking & Fielding: Rounders	OAA: Problem Solving	Striking & Fielding: Cricket	Invasion: Handball

Year 5/6:

YEAR A (Year 5)	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Area of PE	Athletics	Health Related Exercise	Invasion: Football	Dance: The Circus	Gymnastics: Counter Balance	Invasion: Bee Netball	OAA: Communication	Invasion: Tag Rugby	Striking & Fielding: Rounders	Net/Wall: Tennis	Striking & Fielding: Cricket	Invasion: Handball

YEAR B (Year 6)	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
Area of PE	Athletics	Health Related Exercise	Invasion: Football	Dance: Carnival	Gymnastics: Matching and Mirroring	Invasion: Bee Netball	OAA: Orienteering	Invasion: Tag Rugby	Striking & Fielding: Rounders	Net/Wall: Tennis	Striking & Fielding: Cricket	Invasion: Handball

Swimming will be in replacement of the teacher led activity already planned once bookings are made for that Term

Green= Teacher led

Blue= Sports Coach led