



THE AVENUE PRIMARY SCHOOL PSHE CURRICULUM OVERVIEW



Year 1	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
MAIN THEME	Theme: Me and my Relationships.	Theme: Valuing Difference.	Theme: Keeping myself safe.	Theme: Rights and responsibilities.	Theme: Being my best.	Theme: Growing and changing.
Sub themes	Sub themes: Why we have classroom rules. Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Sub themes: Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair!	Sub themes: Healthy me Super sleep Who can help? Harold loses Geoffrey What could Harold do? Good or bad touches?	Sub themes: Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	Sub themes: I can eat a rainbow. Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	Sub themes: Inside my wonderful body! Taking care of a baby Then and now Who can help?(2) Surprises and secrets Keeping privates private
Year 2	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
MAIN THEME	Theme: Me and my relationships.	Theme: Valuing difference.	Theme: Keeping myself safe.	Theme: Rights and responsibilities.	Theme: Being my best.	Theme: Growing and changing.
Sub themes	Sub themes: Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy	Sub themes: What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem.	Sub themes: Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept	Sub- themes: Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping	Sub themes: You can do it! My day Harold's postcard – helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	Sub themes: A helping hand Sam moves house Haven't you grown? My Body, your body Respecting privacy Basic first aid

YEAR 3	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>MAIN THEME</p> <p>Sub themes</p>	<p>Theme: Me and my relationships.</p> <p>Sub themes: As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thunks Friends are special</p>	<p>Theme: Valuing difference.</p> <p>Sub themes: Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences Zeb</p>	<p>Theme: Keeping myself safe.</p> <p>Sub themes: Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super Searcher None of your business! Raisin Challenge (1) Help or harm?</p>	<p>Theme: Rights and responsibilities.</p> <p>Sub themes: Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money</p>	<p>Theme: Being my best.</p> <p>Sub themes: Derek cooks dinner! Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents</p>	<p>Theme: Growing and changing.</p> <p>Sub themes: Relationship Tree Body space Secret or surprise My changing body Basic first aid</p>
YEAR 4	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>MAIN THEME</p> <p>Sub themes</p>	<p>Theme: Me and my relationships.</p> <p>Sub themes: An email from Harold! Ok or not ok? (1) Ok or not ok? (2) Human machines Different feelings When feelings change Under pressure</p>	<p>Theme: Valuing difference.</p> <p>Sub themes: Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype!</p>	<p>Theme: Keeping myself safe.</p> <p>Sub themes: Danger, risk or hazard? Picture Wise How dare you! Medicines: check the label Know the norms (formerly Tell Mark II) Keeping ourselves safe Raisin Challenge (2)</p>	<p>Theme: Rights and responsibilities.</p> <p>Sub themes: Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes?</p>	<p>Theme: Being my best.</p> <p>Sub themes: What makes me ME! (formerly Diversity World) Making choices SCARF Hotel (formerly Diversity World Hotel) Harold's Seven Rs My school community (1) Basic first aid</p>	<p>Theme: Growing and changing.</p> <p>Sub themes: Moving house My feelings are all over the place! All change! Period positive Secret or surprise? Together</p>



THE AVENUE PRIMARY SCHOOL PSHE CURRICULUM OVERVIEW



YEAR 5	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
MAIN THEME	Theme: Me and my relationships.	Theme: Valuing difference.	Theme: Keeping myself safe.	Theme: Rights and responsibilities.	Theme: Being my best.	Theme: Growing and changing.
Sub themes	Sub themes: Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive Our emotional needs Communication	Sub themes: Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? It could happen to anyone	Sub themes: 'Thinking' about habits Jay's dilemma Spot bullying Ella's diary dilemma Decision Dilemmas Play, Like, Share Drugs: true or false? Smoking: what is normal? Would you risk it?	Sub themes: What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely Lend us a fiver! Local councils	Sub themes: Getting fit It all adds up! Different skills My school community Independence and responsibility Star qualities Basic first aid	Sub themes: How are they feeling? Taking notice of our feelings Dear Hetty Changing bodies & feelings Growing up & changing bodies It could happen to anyone Help, I'm a teenager... get me out of here! Dear Ash Stop, start stereotypes
YEAR 6	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
MAIN THEME	Theme: Me and my relationships.	Theme: Valuing difference.	Theme: Keeping myself safe.	Theme: Rights and responsibilities.	Theme: Being my best.	Theme: Growing and changing.
Sub themes	Sub themes: Working together Let's negotiate Solve the friendship problem Assertiveness Skills Behave yourself Dan's day Don't force me Acting Appropriately It's a puzzle	Sub themes: Ok to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? Challenging gender stereotypes	Sub themes: Thinking before you click! Traffic lights To share or not to share? Rat Park What sort of drug is..? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) Joe's story (part 2)	Sub themes: Two sides to every story Fakebook Friends What's it worth? Jobs and taxes Action stations! Project Pitch (1 & 2) Happy shoppers Democracy in Britain 1 – Elections Democracy in Britain 2 – How (most) laws are made	Sub themes: Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Sub themes: Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash Making babies What is HIV?